

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*** SPECIAL LUNCH AND LEARN ON 2/21***</b> Tennessee Department of Veterans Services will be here to assist you in learning more about the benefits that are available to you. Please make time to attend. <b>RSVP needed</b></p>			<p><b>1</b> <u>9:00 am</u> <b>Flexibility &amp; Balance</b> <u>10:00 am</u> MAGI <u>12:30 pm</u> Games</p>	<p><b>2</b> <u>9:00 am-</u> Tai Chi 1 <u>10:30 am</u> Beg. Aerobics <u>12:00 pm</u> <b>Scrapbooking</b> <u>1:30 pm</u> Tai Chi 1 <u>6:00 pm</u> Bingo &amp; Potluck Supper</p>	<b>3</b>
<p><b>5</b> <u>8:30 am</u> Gentlemen's Coffee <u>9:00 am</u> Walking—Saferoom <u>10:30 am</u> Easycise</p>	<p><b>6</b> <u>9:00 am</u> Sewing/Crafts <u>12:00 pm</u> Louise and King's Daughters <u>1:30 pm</u> <b>Indoor Cornhole</b></p>	<p><b>7</b> <u>9:00 am</u> Tai Chi 2 <u>9:45 am</u> Bible Study <u>11:00 am</u> Balance &amp; Strength <u>12:30 pm</u> <b>FREE Lunch &amp; Bingo</b> 1:30- Games</p>	<p><b>8</b> <u>9:00 am</u> <b>Flexibility &amp; Balance</b> <u>10:00 am</u> MAGI <u>12:30 pm</u> Games</p>	<p><b>9</b> <u>9:00 am</u> Tai Chi 1 <u>10:30 am</u> Beg. Aerobics <u>12:00 pm</u> <b>Art w/ Christine</b> <u>1:30 pm</u> Tai Chi 1</p>	<b>10</b>
<p><b>12</b> <u>8:30 am</u> Gentlemen's Coffee <u>9:00 am</u> Walking—Saferoom <u>11:30 am</u> Easycise</p>	<p><b>13</b> <u>9:00 am</u> Sewing/Crafts <u>12:00 pm</u> The Pardners <u>1:30 pm</u> <b>Indoor Cornhole</b></p>	<p><b>14</b> <u>9:00 am</u> Tai Chi 2 <u>9:45 am</u> Bible Study <u>11:00 am</u> Balance &amp; Strength <u>12:30 pm</u> <b>Valentine Lunch \$6</b> 1:30- Games</p>	<p><b>15</b> <u>9:00 am</u> <b>Flexibility &amp; Balance</b> <u>10:00 am</u> MAGI <u>12:30 pm</u> Games</p>	<p><b>16</b> <u>9:00 am</u> SHARE <u>10:30 am</u> Beg. Aerobics <u>12:00 pm</u> <b>Medicare 101</b> <u>1:30 pm</u> Tai Chi 1</p>	<p><b>17</b> <u>10:45 am</u> Tai Chi 1 <u>12:00 pm</u> FREE Pizza &amp; Trivia</p>
<p><b>19</b>  <b>Center Closed</b> <b>President's Day</b></p>	<p><b>20</b> <u>9:00 am</u> Sewing/Crafts <u>12:00 pm</u> Music W/ Glenn &amp; Doug <u>12:30 pm</u> Birthday Bash <u>6:00 pm</u> Garden Club</p>	<p><b>21</b> <u>9:00 am</u> Tai Chi 2 <u>9:45 am</u> Bible Study <u>11:00 am</u> Balance &amp; Strength <u>12:30 pm</u> <b>FREE Lunch &amp; Learn</b> 1:30- Games</p>	<p><b>22</b> <u>9:00 am</u> <b>Flexibility &amp; Balance</b> <u>10:00 am</u> MAGI <u>12:30 pm</u> Games</p>	<p><b>23</b> <u>9:00 am</u> Tai Chi 1 <u>10:30 am</u> Beg. Aerobics <u>12:00 pm</u> <b>Creating w/Hilda</b> <u>1:30 pm</u> Tai Chi 1</p>	<b>24</b>
<p><b>26</b> <u>8:30 am</u> Gentlemen's Coffee <u>9:00 am</u> Walking—Saferoom <u>10:30 am</u> Easycise <u>12:00 pm</u> Book Club</p>	<p><b>27</b> <u>9:00 am</u> Sewing/Crafts <u>12:00 pm</u> <b>Healthy Cooking Class</b> <u>1:30 pm</u> <b>Indoor Cornhole</b></p>	<p><b>28</b> <u>9:00 am</u> Tai Chi 2 <u>9:45 am</u> Bible Study <u>11:00 am</u> Balance &amp; Strength <u>12:30 pm</u> <b>FREE Snack &amp; Learn</b> 1:30- Games</p>	<p><b>February</b> <b>2018</b></p>		<p><b>Inclement Weather:</b> During inclement weather we follow the Arlington Schools Policy. If the schools are closed, we are closed.</p>