

Town of Arlington Senior Citizens Center
6265 Chester Street

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Center Closed Happy New Year!	2 9:00 am Sewing/Crafts 12:00 pm Music W/Louise & Kings Daughters 1:30 pm Indoor Cornhole	3 9:00 am Beg. Tai Chi 11:00 am Balance & Strength 12:30 pm RSVP Healthy Cooking 1:30- Games	4 9:00 am Flexicise 10:00 am MAGI 12:30 pm Games	5 10:30 am Beg. Aerobics 12:00 pm Art w/ Noelle 6:00 pm White Elephant Bingo & Potluck Supper	6
8 8:30 am Gentlemen's Coffee 10:30 am Easycise Center closes at 2 pm today	9 9:00 am Sewing/Crafts 12:00 pm Music W/ Howard Michael 1:30 pm Indoor Cornhole	10 9:00 am Beg. Tai Chi 9:45 am Bible Study 11:00 am Balance & Strength 12:30 pm FREE Lunch & Bingo 1:30- Games	11 9:00 am Flexicise 10:00 am MAGI 12:30 pm Games	12 9:00 am SHARE 10:30 am Beg. Aerobics 12:00 pm Art w/ Christine	13
15 Center Closed Martin Luther King Day	16 9:00 am Sewing/Crafts 12:00 pm Music W/ Glenn & Doug 12:30 pm Birthday Bash 6:00 pm Garden Club	17 9:00 am Beg. Tai Chi 9:45 am Bible Study 11:00 am Balance & Strength 12:30 pm Ladies Lunch 1:30- Games	18 9:00 am Flexicise 10:00 am MAGI 12:30 pm Games	19 10:30 am Beg. Aerobics 12:00 pm Medicare 101	20 10:45 am Beg. Tai Chi 12:00 pm FREE Calligraphy Class Supplies needed
22 8:30 am Gentlemen's Coffee 10:30 am Easycise 11:45 am Travel Discussion	23 9:00 am Sewing/Crafts 12:00 pm Potluck Lunch & Karaoke 1:30 pm Indoor Cornhole	24 9:00 am Beg. Tai Chi 9:45 am Bible Study 11:00 am Balance & Strength 12:30 pm FREE Lunch & Learn 1:30- Games	25 9:00 am Flexicise 10:00 am MAGI 12:30 pm Games	26 10:30 am Beg. Aerobics 12:00 pm Men's Think Tank	27
29 8:30 am Gentlemen's Coffee 10:30 am Easycise 12:00 pm Book Club	30 9:00 am Sewing/Crafts 12:00 pm Terrariums 1:30 pm Indoor Cornhole	31 9:00 am Beg. Tai Chi 9:45 am Bible Study 11:00 am Balance & Strength 12:30 pm RSVP Healthy Cooking 1:30- Games	<h1>January 2018</h1>		